



SQUAD GUIDE

PRAYER, POWER & PROCLAMATION

You are God's Heir &
Establishing His Kingdom

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Squad Study Guide & Journal

My Goal for these 12 weeks:

PART 1: FOUNDATIONS (Identity & Vision)

Week 1: The Identity Shift

The Big Idea: We often work *for* God like employees, hoping to earn a paycheck of blessings. But P3 begins with knowing you are a Royal Heir working *with* your Father.

The Download (Reflection)

1. In your honest moments, do you feel more like a "Servant" (trying to earn God's approval) or a "Child" (loved regardless of performance)? Why?

2. Look at the "Servant vs. Child" comparison in Chapter 1. Which specific characteristic of the "Servant" do you struggle with most?

The Activation: Identity Check-In

Identify one lie you believe about yourself (e.g., "If I mess up, God is angry"). Write it below, then cross it out and write the Truth based on your identity as a Child.

The Lie

The Truth (My Affirmation)

Week 2: The Upside-Down Kingdom

The Big Idea: The world says "crush the competition" and "hoard resources." The Kingdom says "serve others" and "give freely." To use God's power, we must use His logic.

The Download (Reflection)

1. Where is the pressure to follow "Worldly Logic" strongest in your life right now? (School, work, money, social media, relationships?)

2. Why is it scary to trust God's "Upside-Down" way of doing things?

The Activation: Kingdom Mindset Challenge

Choose one stressful situation you are facing this week.

The Situation: _____

My Natural "Worldly" Reaction would be: _____

The "Kingdom" Response I will choose instead: _____

PART 2: PRAYER (The Connection)

Week 3: Tuning In

The Big Idea: Prayer isn't a monologue where you list your demands; it's a dialogue. The most important part of P3 is learning to stop talking and start listening.

The Download (Reflection)

1. On a scale of 1-10, how much of your prayer life is *talking* vs. *listening*?

2. What are the biggest distractions (mental or physical) that stop you from sitting in silence?

The Activation: The 3-Minute Listening Room

We asked God: "Father, what is on Your heart for me today?" and sat in silence. What came to mind? (A word, a face, a scripture, a feeling?)

What I heard/sensed: _____

Week 4: Gritting It Out

The Big Idea: Persistence isn't about annoying God into saying "yes." It's about aligning your heart with His and preparing you for the right moment (*Kairos*).

The Download (Reflection)

1. Have you ever prayed for something and given up because the answer didn't come immediately? How did that affect your faith?

The Activation: 5-Day Focus

Pick one specific target. Commit to praying for it for 10 minutes a day for the next 5 days.

My Prayer Target: _____

- Day 1 Complete ☐
- Day 2 Complete ☐
- Day 3 Complete ☐
- Day 4 Complete ☐
- Day 5 Complete ☐

PART 3: POWER (The Anointing)

Week 5: The Battery Charge

The Big Idea: You have the phone (Identity) and the signal (Prayer), but you need the battery (Power). The Holy Spirit provides the energy to do things you can't do on your own.

The Download (Reflection)

1. Do you ever rely on your own talent, intelligence, or hustle to do God's work? What does that usually lead to (burnout, pride, frustration)?

2. What holds you back from asking for the Holy Spirit's power? (Fear of the weird? Feeling unworthy?)

The Activation: Guided Prayer Notes

After praying for the fresh infilling of the Holy Spirit, record how you felt or what you sensed during the ministry time:

Week 6: Stopping the Leaks

The Big Idea: We leak. Sin, bitterness, and worldly noise drain our spiritual battery. To stay powerful, we must steward the charge.

The Download (Reflection)

1. What is your biggest "Power Leak"? (e.g., doom-scrolling, gossiping, anger, anxiety).

The Activation: The Daily Audit

For one day this week, track your spiritual energy:

- Where did I Leak? (Negative input): _____

- Where did I Recharge? (Connection with God): _____

- How did I Share? (Ministry to others): _____

Week 7: God's GPS (The Gifts)

The Big Idea: The Gifts of the Spirit aren't badges of honour; they are tools to get a job done. They are God's GPS for navigating life and ministry.

The Download (Reflection)

1. Review the gifts (Words of Knowledge, Healing, Prophecy, etc.). Which one do you desire most to help others?

The Activation: The Simple Step-Out

Your challenge: Ask "Holy Spirit, is there something You want to say to or do for this person?" when you meet people this week.

Write down one instance where you tried this (even if you didn't speak it out loud):

PART 4: PROCLAMATION (The Release)

Week 8: Words Create Reality

The Big Idea: Power requires a switch. Your words, spoken in faith, are the "ON" switch. We move from begging ("God please help") to proclaiming ("Peace, be still").

The Download (Reflection)

1. Do your words usually describe the problem ("I'm so stressed") or the solution ("God is my peace")?

The Activation: My Daily Decrees

Draft your 3 authoritative declarations below.

1. **Identity (Self):** "I declare that I am..."

2. **Blessing (Person):** "I release God's..."

3. **Assignment (Situation):** "I command/declare over this situation..."

Week 9: The P3 Cycle

The Big Idea: Prayer leads to Power. Power leads to Proclamation. Results drive us back to Prayer. It is a continuous loop.

The Download (Reflection)

1. Where does the cycle usually break for you? (Do you Pray but never Act? Do you Act without Power?)

The Activation: The 7-Day Challenge Tracker

Pick one specific area of life. Track the cycle for a week.

- **My Insight (What God said in Prayer):** _____

- **My Action (What I did/proclaimed):** _____

- **The Result (What happened/Changed in me):** _____

PART 5: COMMUNITY (The Squad)

Week 10: Your Squad Goals

The Big Idea: You aren't a solo hero. The Holy Spirit's power goes viral when we link up with others.

The Download (Reflection)

1. Is your current friend group/community a "Sit and Soak" group (just learning) or a "Go and Glow" group (doing the stuff)?

The Activation: "I Got Next"

Reflect on a testimony you heard today. How does hearing someone else's story make you feel about your own ability to be used by God?

Week 11: Activating the Room

The Big Idea: Small groups are the laboratory. We practice here - laying hands, prophesying, interceding - so we are ready for the real world.

The Download (Reflection)

1. How comfortable are you praying out loud or stepping out in faith in front of this group?

The Activation: The Intercession Circle

We prayed for a specific person/need today. Write down the specific Proclamation or Scripture used during that prayer:

Week 12: The Commissioning

The Big Idea: P3 transforms the group into a mission force. We don't just stay in the huddle; we break for the play. You are being sent out.

The Download (Reflection)

1. Looking back at Week 1, how has your view of yourself changed?

2. What is your "Sphere of Influence" (the specific place God has sent you)?

The Activation: My Commissioning

Write down any words, scriptures, or encouragements spoken over you during the commissioning prayer:

FINAL THOUGHT:

The book is finished, but the story is just starting. Go Live!